

# Trial coupons: Available services for child raising



## Postpartum Mother Helpers

- **What are postpartum mother helpers?** Helpers are sent to your home to help you with child raising and housework so that you can raise your child and be worry-free until you recover from childbirth.
- **Who can use the system?** Mothers who do not have anyone to help with child-raising or housework, within two months after childbirth or discharge from hospital (or within one year after childbirth in the case of multiple births).
- **When are helpers dispatched?** Once (2 hours) a day, Mon. ~ Fri. 9:00am ~ 5:00pm, except year-end and New Year's holidays
- **How many times are helpers dispatched?** 20 times within two months of child birth and leaving hospital. Up to 50 times within two years after childbirth for multiple births on or after April 1, 2020; if the children have any siblings less than three years old, up to 25 times within one year of childbirth.

■ **How much is the fee?**

Households receiving public assistance or exempted from municipal tax	Free
Households exempted from income tax	250 yen / time
Other households (When using a trial coupon)	1,000 yen / time (500 yen / time)

The Notification of Payment will be sent in the month after the month of the date of the accounting deadline for dispatch. Please pay at a specified financial institution using the form.

- **How to apply:** Fill out the application form and submit or send it to Kanazawa Health and Welfare Foundation seven days before dispatch. (You can phone or send a fax if you are in a hurry.)

**Kanazawa Health and Welfare Foundation 3-23 Otemachi, Kanazawa 920-0912 (Health Plaza Otemachi)**

**Tel: 076-222-0102 (Mon. ~ Fri. 9:00am ~ 5:00pm) Fax: 076-222-0025**

※For multiple births before April 1, 2020, up to 25 times within one year of childbirth.



## Family Support Center

- **What is the Family Support Center?** The center facilitates mutual support between those who seek support for child raising (support-requesting members) and those who hope to provide support (support-providing members) in order to promote community support for child-raising families.
- **Who can request support?** People who live in Kanazawa and have a child between the ages of one month and elementary-school age.
- **What types of support are provided?** Childcare before and after kindergarten, nursing schools or certified centers for early childhood education and care (ECEC) and taking children to those childcare facilities; childcare after school or after-school children's clubs; childcare if it is difficult to take children along or when caregivers go to hospital; care for convalescent children; and childcare to provide caregiver respite.
- **When are children taken care of?** 6:00am ~ 10:00pm (no overnight childcare)
- **Where are children taken care of?** In principle, children are taken care of at the house of a support-providing member. If members agree mutually, it is possible to take care of children at the house of a support-requesting member or take children along.
- **How much is the fee?** 700 yen / hour (if a trial coupon is used, the first hour is free.)  
The requesting member should pay the fee directly to the providing member in cash.  
The providing member should request that the city pay him/her the coupon fees in the following month.
- **How to apply:** Call Kanazawa City Family Support Center. However, member registration is necessary before using the system for the first time. Fill out the application form and submit or send it to the center.

**Kanazawa City Family Support Center Kanazawa Education Plaza 3-10-1 Togashi, Kanazawa 921-8171**

**Tel: 076-243-3410 (Mon. ~ Sat. 9:00am ~ 5:30pm) Fax: 076-243-3412**



## Temporary Childcare by Nursing Schools and Certified Centers for Early Childhood Education and Care (ECEC)

- **What is temporary childcare?** Childcare is provided temporarily when caregivers are sick, attend wedding ceremonies, funerals, etc., or need a break.
- **How old must children be to qualify?** Preschool children (varies depending on the facility)
- **Where are children taken care of?** Ohisama Room, Honwaka Room, the nursery at the 21st Century Museum of Contemporary Art, Kanazawa, Chibikko Hiroba at Omicho Exchange Plaza (3rd floor), nursing schools and certified centers for early childhood education and care (ECEC) that provide temporary childcare
- **How much is the fee?** As shown in the table below, the fee (if a trial coupon is used, the first hour is free), care hours, time periods, and required items vary depending on the facility. Please ask each facility.

Facility	Day/Time	Fee per hour	Remarks
Ohisama Room: Temporary childcare facility in Ekinishi (docomo Kanazawa Saito Building 1F)	Mon. ~ Fri.: 9:00am ~ 5:00pm (up to 4 hours)	500 yen	Closed on Saturdays, Sundays, national holidays, and for year-end and New Year's holidays Infants living in Kanazawa From 6 months old
Honwaka Room: Temporary childcare facility in the central area (Nakamura-machi Childcare Center)	Mon., Wed. ~ Sat.: 9:00am ~ 5:00pm (up to 4 hours) Sun. and holidays: 8:00am ~ 6:00pm	500 yen	Closed on Tuesdays, and for year-end and New Year's holidays Infants living in Kanazawa From 6 months old
Nursery at the 21st Century Museum of Contemporary Art	10:00am ~ 6:00pm on days when museum is open (until 8:00pm on Fri. and Sat.)	(1) Until 6:00pm on Tue. ~ Fri. (2) Sat., Sun. and holidays, after 6:00pm on ● 1-year-old: (1) 500 yen (2) 700 yen ● Younger than 1-year-old: (1) 600 yen (2) 800 yen	Closed on Mondays (except holidays), and for year-end and New Year's holidays From about 3 months old
Omicho Exchange Plaza: Chibikko Hiroba	10:00am ~ 6:00pm on opening days (up to 4 hours)	500 yen	Closed on Wednesdays (or, if a national holiday, the following weekday), and for year-end and New Year's holidays From 6 months old As a general rule, advance reservations are required.
Nursing schools and ECEC	Daytime on weekdays (varies depending on the facility)	Approx. 350 yen (Ask each facility.)	Infants living in Kanazawa From 2 months old (varies depending on the facility) Additional fees required for lunch and snacks

- **How to apply:** Reservation required. Apply to each facility directly. Applications may not be accepted for reasons such as limited capacity.

Ohisama Room Tel 076-267-2330 Nursery at the 21st Century Museum of Contemporary Art, Kanazawa Tel 076-220-2815

Honwaka Room Tel 076-241-9837 Omicho Exchange Plaza: Chibikko Hiroba Tel 076-260-6724

### Nursing schools and certified centers for early childhood education and care (ECEC) that provide temporary childcare

For information on nursing schools and other facilities that provide temporary childcare, call the Nursing Schools and Kindergartens Section (076-220-2299) or refer to the website or booklet of Kanazawa Child Raising.

※Applications may not be accepted due to reasons particular to the facility.

**Kanazawa Child Raising Website** <http://www.kanazawa-kosodate.net/>